

# Fitness Incentive Programs Information for **Already Enrolled Members**

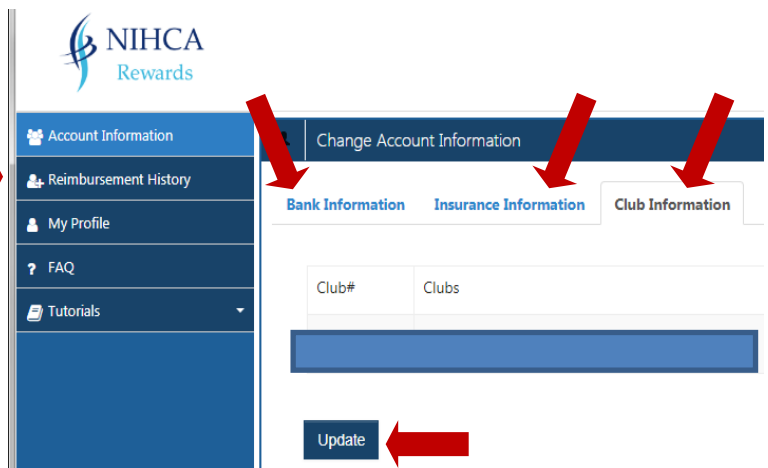
To access and view your current fitness reimbursement profile, follow the steps below:

1. Go to [NIHCArewards.org](http://NIHCArewards.org) (Use Google Chrome or Mozilla Firefox)
2. Go to the second green button called "MEMBERS Options"
3. Click "**Already Enrolled**"



4. IF you are unable to access your profile, click "Forgot Password" or "Forgot your email address/invalid email address" and follow the steps.
5. The first screen will display "My Profile" information, including address, DOB, email address and phone number.
6. To view and/or edit any Banking Information, Insurance Information and Club Information click on the Account Information tab on the left (the Account Information tab is shown below).
7. After any changes/edits have been made, the **Update** button must be clicked on each page in order to save the changes.

8. Lastly, remember that your fitness facility will submit your workout usage, once a month. You may view your Reimbursement History tab to see the insurance company response and if you will receive the incentive. Expect to see reimbursement into the bank account you authorized, 3-5 business days from the Amount Credited Date listed on the Reimbursement History Tab.



If you have any further questions, please talk to the Manager at your fitness facility.

**Get Healthy & Get Rewarded!**