

Virtual Livestream Classes FAQ – Zoom

1. How do I find the schedule for virtual livestreamed classes?

Visit www.dlccc.org/classes.html

Click on “Virtual Fitness Class Schedule”

The screenshot shows the dlccc.org website. On the left is a navigation menu with links for HOME, THE CENTER, HOLMES THEATRE, TUESDAYS IN THE PARK, ENGAGE, EMPLOYMENT, CONTACT, DONATE, and COMMUNITY BOARD. At the bottom of the menu are logos for THE CENTER OF THE FINEST LAKES Fitness & Aquatics and HISTORIC HOLMES THEATRE. The main content area features a 'VIRTUAL FITNESS SCHEDULE' link highlighted with a red arrow. Above this link is a smaller screenshot of the schedule page with a red arrow pointing to the 'VIRTUAL FITNESS CLASS SCHEDULE' link. A blue bar is at the bottom of the page.

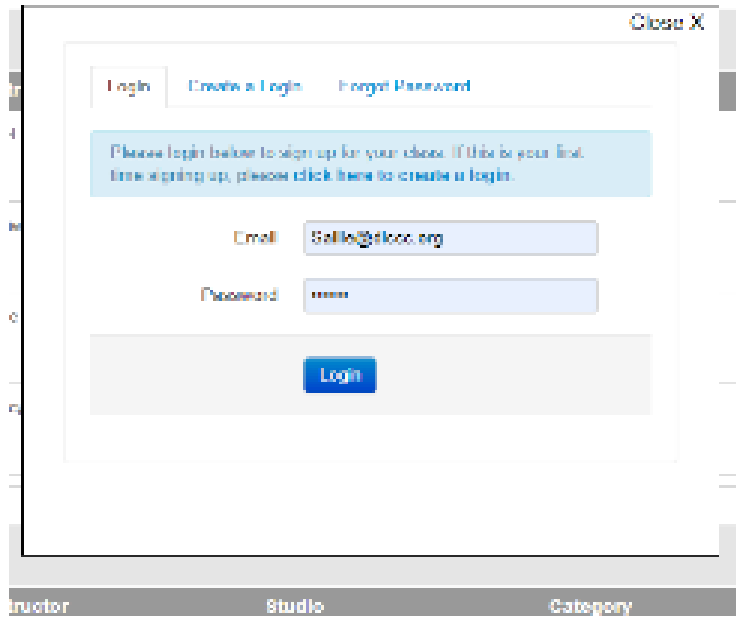
2. How do I get the link to join the virtual livestreamed class?

Click “Sign Up”

The screenshot shows the groupexpro.com website. At the top, there are navigation links for 'Prev Week' and 'Next Week'. Below that is a filter section with dropdown menus for [category], [location], [class name], and [instructor]. The main content is a table for 'Mon 11/23' with columns for Time, Title, Instructor, Studio, Category, Location, and a 'Description | Sign Up' link. A red arrow points to the 'Sign Up' link in the first row. The table lists three classes: HIIT (8:30am-9:15am), Muscle Works (10:30am-11:00am), and Yoga Flow (11:00am-11:45am). Below the table is a section for 'Tues 11/24' with a similar table structure.

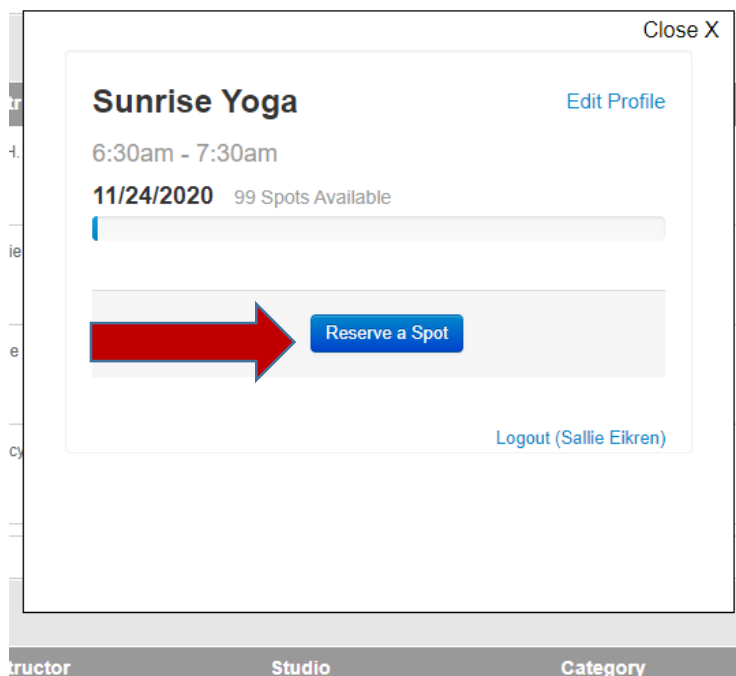
Time	Title	Instructor	Studio	Category	Location	Description Sign Up
8:30am-9:15am	HIIT	Sallie E.	Virtual Class	Cardio & Strength	FaceBook Live	Description Sign Up 148 SPOTS LEFT
10:30am-11:00am	Muscle Works	Nancy H.	Virtual Class	Strength Class	Virtual Class	Description Sign Up 97 SPOTS LEFT
11:00am-11:45am	Yoga Flow	Nancy H.	Virtual Class	Yoga	FaceBook Live	Description Sign Up 147 SPOTS LEFT

You will be prompted to either Login, or if you have never logged in before you will click “Create a Login” tab, fill in all the fields and click “Register”.



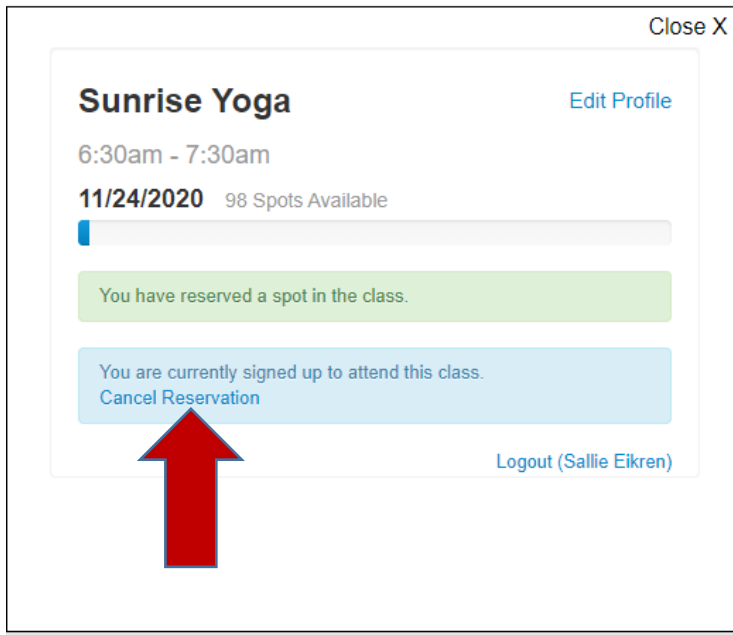
A screenshot of a login form. At the top right is a "Close X" button. Below it are three tabs: "Login" (selected), "Create a Login", and "Forgot Password". A blue message box says: "Please login below to sign up for your class. If this is your first time signing up, please click here to create a login." Below the message are two input fields: "Email" with the value "Sallie@kloc.org" and "Password" with masked characters. A blue "Login" button is at the bottom. At the bottom of the page, there is a navigation bar with "Instructor", "Studio", and "Category" tabs.

Your class will then appear and you'll be prompted to “Reserve a Spot”

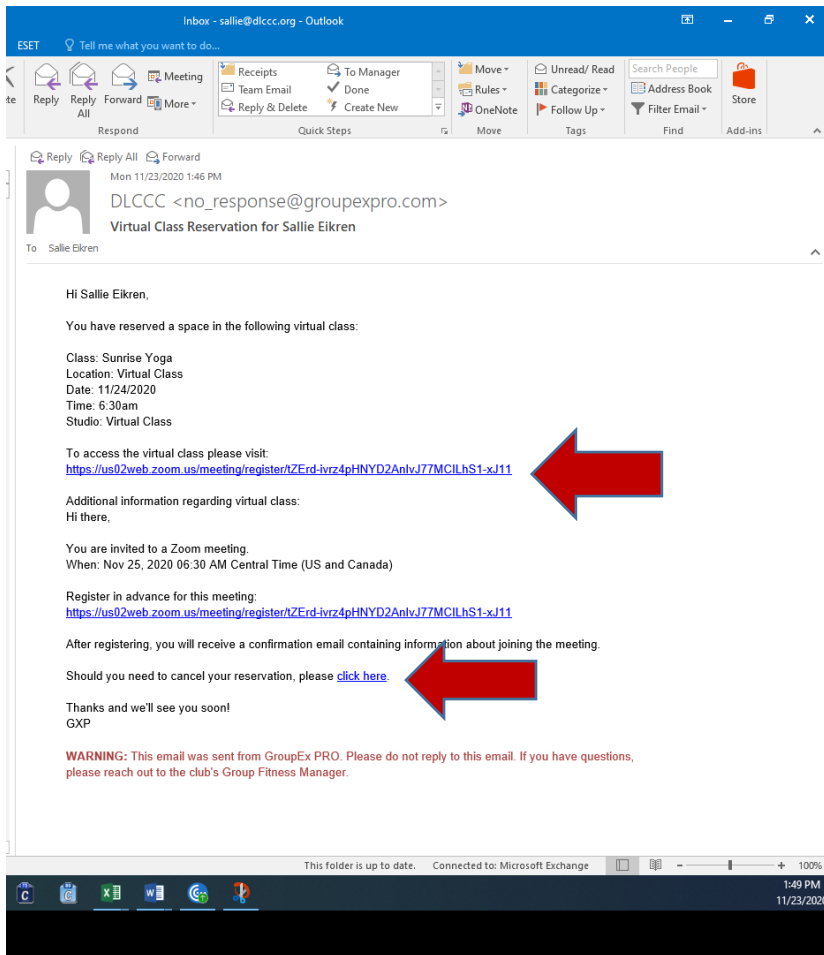


A screenshot of a class profile for "Sunrise Yoga". At the top right is a "Close X" button. Below it is an "Edit Profile" link. The class details are: "6:30am - 7:30am" and "11/24/2020 99 Spots Available". A progress bar shows a small portion filled. A large red arrow points to a blue "Reserve a Spot" button. At the bottom right is a "Logout (Sallie Eikren)" link. At the bottom of the page, there is a navigation bar with "Instructor", "Studio", and "Category" tabs.

It will confirm that you have a spot in the class and will give you a clickable option to cancel your reservation should you need to.

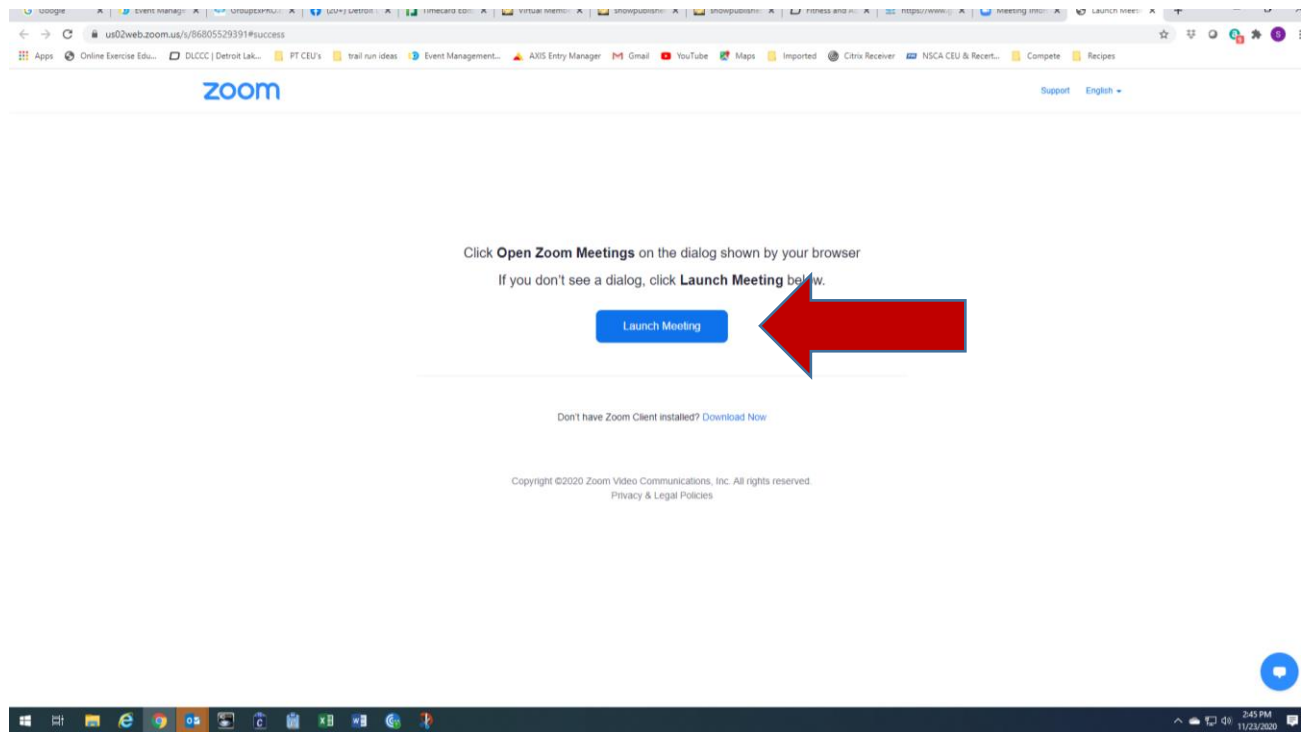


You will also receive an email confirmation showing the livestreamed class date, time, link, and reminders. It will have a clickable link should you need to cancel your class.



3. How do I join the virtual livestreamed class?

On the scheduled day and time, click on the class link in your confirmation email. The link will open in your Zoom app or give you the following message in your browser.



Then you will get a window that states “Please wait for the host to start this meeting”

When the meeting has started, click “join with computer audio”

You will automatically be muted, please do not unmute yourself.

For optimal viewing, pin the instructor. To do this, right click on the instructor’s square, select “Pin”. Use your name so the instructor can identify participants. To do this, right click in your square, select “Rename” and type in your name.

To leave the class, click the “leave” button in the bottom right hand corner. The instructor will also end the class.

To watch virtual classes with Facebook:

“Like” our page – Detroit Lake Community and Cultural Center or click on the link in the confirmation email that is sent to you after registering. If you do not have a Facebook account, you will need to start one to have access to the classes.

You do not have to register for the Facebook live classes, it is just nice to see who might be taking the class.